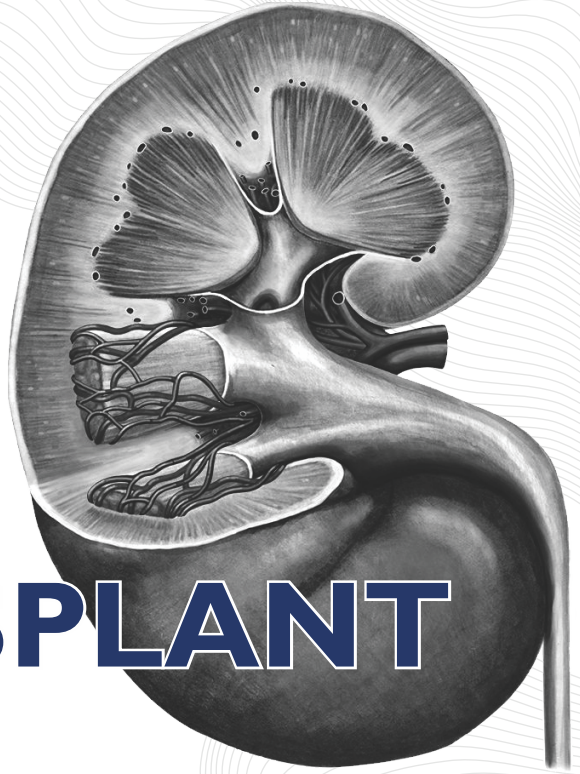


RMI

REHMAN MEDICAL INSTITUTE



KIDNEY TRANSPLANT UNIT

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Peshawar, Pakistan



JOURNEY OF



TRANSPLANTS



OVERVIEW

Kidney Transplant Unit at RMI has been performing kidney transplants for more than 7 years. We operate a full range of services for patients with advanced renal failure facing the possibility of renal replacement therapy.

Our services include evaluation, wait list maintenance, transplant procedures, and follow up care. Patients diagnosed with renal vascular disease or ureteral loss, renal auto-transplantation can be performed.

Kidney Transplant Unit is multidisciplinary and is staffed by two Surgeons and three Nephrologists. Transplant Surgeons work very closely with Nephrologists on patient management issues. The department also involves nurse coordinators, psychologists, social workers and dietitians.

Who can be a Candidate for Kidney Transplant?

The following patients may be considered potential candidates for kidney transplantation:

- Adults and children with end-stage kidney disease on dialysis
- Patients with advanced chronic kidney disease (stage IV or V with calculated or estimated GFR <20ml/min)
- In some cases, patients with chronic kidney disease (stage IV with GFR <30ml/min) that also need another organ transplant

Transplant Evaluation

Patients will be scheduled to see the transplant team to assess their transplant candidacy. The evaluation will consist of:

- Medical Evaluation
- Psychosocial Evaluation
- MTRA approval
- Transplant Education
- Financial Evaluation
- Lab work and Radiology (CT, MR or US Scan as required)

Based upon the physicians' findings during the evaluation appointments, additional testing and consults may be needed. Once the evaluation is complete, the patient's chart will be reviewed by the physicians and then the patient will be presented at the pre-transplant meeting. The recipient may be approved for listing, may require additional information prior to making a decision, or determine that the patient is not a candidate for transplantation. The patient and referring physician (if applicable) will be informed of the decision.

Taking Care of Yourself - Postoperative Care

Soon after surgery and during your stay in the hospital, the Transplant Team will teach you more about taking new medicines. You will learn when to take your medicines, how to take them, what happens if you miss a dose, and what side effects the medicines might cause.

A daily record of your health is kept during your stay at the hospital, and you will need to continue monitoring your health when you go home. Before you leave, a nurse will teach you how to accurately measure both your liquid intake and urine output. To ensure that your kidney is functioning well, you will need to measure and record how much you drink and the amount you urinate for at least six weeks after the transplant surgery. You will also need to record your daily temperature and weight.

Kidney Transplant Team



Dr. Taqi Toufeeq Khan
MD, FRCS, ASTS
Transplant Surgeon



Prof. Dr. Jamil Ahmad
MBBS, FRCS, FCPS



Dr. Irfan Mirza
MBBS, FCPS



Dr. Qaisar Iqbal
MBBS, FRCS, MRCS

Call the Transplant Team if you experience any of the following

- A fever higher than 100°F (38°C)
- Flu-like symptoms such as chills, aches, headaches, dizziness, nausea or vomiting
- New pain or tenderness around the transplant
- Fluid retention (swelling)
- Sudden weight gain greater than 4 pounds within a 24-hour period
- Significant decrease in urine output

